



All the dishes below are, or can be made, Gluten Free.

Please ensure that when ordering any item marked "Go", you inform your server that you require the Gluten Free option.

## Starters

### Pate Toscana Go 8.25

chicken liver pate, topped with red onion marmalade, with sourdough soldiers

### Aubergine Parmigiana 8.25/ (15.95 as main)

oven baked layers of aubergine, passata, Parmesan and Mozzarella, topped with pangratatta

### Chicken lollipops G 7.95

crispy chicken lollipops, sweet chilli sauce

### Mussels Go 9.50

fresh native mussels, white wine, parsley, garlic, cream, sourdough bread

### Mushroom crostini v Go 7.50

with a mushroom, brandy and mustard sauce, with toasted sourdough,

### Prawn linguine Go 8.95/ (17.95 as main)

pan fried prawns, garlic, tomatoes, chilli, fennel, rocket, tossed through linguine

### Pil-pil Go 8.50

pan fried spicy prawns and chorizo, chilli and garlic oil, on a toasted bruschetta

**Tomato and red pepper soup**  Go 6.50  
freshly made tomato & red pepper soup, crusty bread

## Mains

### Pan fried sea bass Go 17.95

with a spiced tomato, onion, peppers and N'duja stew, micro coriander

### Smoked haddock G 18.95

with mussels, crushed potatoes, tenderstem broccoli, white wine and garlic cream sauce

### Caesar salad Go 15.95

breaded chicken Milanese, romaine lettuce, boiled egg, crispy pancetta, Parmesan shavings, Caesar sauce, garlic flatbread

### Keralan curry Go

Very spicy. Naga chilli, caramelised onion and coconut cream, served with rice, warm flatbread and mango chutney

Chicken 17.95 Prawn 18.95 Vegan  16.95

### Cod G 18.95

Spicy chorizo wrapped cod, n'duja potatoes, spinach, sun dried tomatoes, pesto

### Lamb G 19.95

braised lamb, Dauphinoise potatoes gratin, minted peas and pods, sundried tomatoes, pesto, jus

### Porchetta G 17.95

Italian seasoned pork roll, bacon jam, crushed new potatoes and seasonal greens, spiced apple sauce, jus

### Fillet Rosso G 34.00

8oz fillet steak, topped with chicken liver parfait, Dauphinoise potatoes, seasonal greens, Marsala sauce

## Pizza

All of our pizzas are available with a gluten free base, please inform your server when you order

### Margherita v Go 12.95

buffalo mozzarella, tomato, oregano

### Pepperoni Go 13.95

pepperoni, tomato, mozzarella

### Diavola (SPICY) Go 13.95

Fresh chilli, spicy Calabrian sausage, salsa di fuocco

### Carne Go 13.95

chicken, pepperoni, Parma ham, pancetta

### Barbeque Go 13.95

pulled pork, red onion, sweet peppers, mozzarella

### Aglio Go 13.95

roasted garlic cloves, mozzarella, caramelised onion, Parma ham, sun blushed tomatoes, pancetta

### Meat free 13.95 Go

chargrilled vegetables, rocket, vegan mozzarella, sun blushed tomatoes, with a sweet chilli sauce

### Broken meatballs 13.95

homemade braised lamb and beef meatballs, rich tomato ragu, buffalo mozzarella

## Desserts

**Baked rice pudding**  G 7.50  
carnoli rice, coconut milk, fruit compôte

### Affogato Go 6.95

vanilla ice cream, bathed in espresso

### Ice cream Go 6.95

three scoops of your choice, choose from:  
strawberries & cream, pistachio & almond, double cream vanilla, chunky chocolate, lemon sorbet, dairy-free vanilla, dairy-free chocolate